

Voices for Independence

“Be so happy that when others look at you, they become happy too.”

Season’s Greetings...

There’s Magic in Your Mailbox!



120 S. Holland-Sylvania Road
Toledo, Ohio 43615
419.866.9013

River Crossings Adult Day Services
6377 River Crossings, Suite 2
Sylvania, OH 43560
419.517.5560

www.josinalott.org
Follow us on Facebook!

“Enriching the lives of persons with developmental disabilities by providing quality services, safe environments and opportunities for self-determination and community integration.”

It’s that time of year again. The holiday season sounds celebratory notes of warmth, joy, and comfort as we come together with family and friends in reflection and gratitude for our many blessings. It also marks a seasonal tradition at Josina Lott; the mailing of our Annual Giving Campaign letter.

Your gift is important to us and **KEEPS** giving throughout the 2016 calendar year. Your donation makes it possible for residents to truly engage in their community and enjoy such activities as daytrips to the Erie Islands, Toledo Rockets, Mud Hens and Walleye games, dinner and a movie night with friends, *and so much more!*

There is magic in your mailbox. When you return your tax deductible donation to Josina Lott you open up a world of wonder and joy for the individuals we serve together, making it possible for them to share in new and exciting adventures and create memories together that will last a lifetime!

Make magic and donate JOY today!

The Josina Lott family wishes you peace, joy, and prosperity throughout the New Year. Thank you for your continued support and partnership in this mission of care and enrichment. Cheers!



It wouldn't be fall without a trip to Fleitz Pumpkin Patch! Pictured here are Terri, Darryl, Jayne and Chris (in back).



In This Issue:

- ‘Hands Only’ CPR Training at Josina Lott [2]
- Volunteers Share Time, Talent [3] Haunted Pathway & Halloween Party [4]
- Message from the Executive Director [5]



Josina Lott Hosts Individuals of ALL Abilities for 'Hands Only' CPR Training

If you are a regular radio listener, chances are you have heard the public service announcements by the AD Council about the growing recognition of “hands-only” CPR as a potentially life-saving emergency cardiac intervention.

On Saturday October 24, Josina Lott hosted a free event for individuals of ALL abilities and partnered with our local chapter of the American Red Cross for “hands-only” CPR training.



The CPR training was designed to teach basic life-saving skills and build confidence.

It was an excellent educational opportunity for the individuals whom, by all accounts, enjoyed learning these basic life-saving skills. Jessica mentioned that there was something in the training for everyone; from learning how to properly perform the chest compressions to memorizing the 3 Cs – Check, Call, and Care!

We would like to thank staff from the American Red Cross, AmeriCorps members, the Josina Lott Recreation Department, and our volunteers for making this important, and potentially life-saving training event possible! There are discussions in the works to make this an annual event for individuals here and in the community.



Ericka practicing hand placement and compression pressure with Marianne Duvendack

Holewinski, Marianne Duvendack and Sam Marsh.

According to the American Heart Association, cardiac arrest is a leading cause of death with over 300,000 out-of-hospital cases occurring annually. When a person goes into sudden cardiac arrest, survival ultimately depends on receiving CPR immediately from someone nearby.

Studies have shown that hands-only CPR can be equally effective as conventional mouth-to-mouth CPR. It is also believed that people are likely to feel more comfortable performing hands-only CPR.



Red Cross staff member Marianne training with residents Greg and Angie

The training event was coordinated by Josina Lott Program Manager Jessica Zercher, who served as a Disaster Services Program Manager for the American Red Cross for 12 years. Training sessions were led by Red Cross team members Peggy

Maumee Valley Civitan Offers Festive Holiday Gift Boxes

Maumee Valley Civitan is offering its festive meat and cheese boxes for holiday gift giving again this year. Funds raised by the sale of these holiday gift boxes help Civitan in its mission of creating integrated community activities for persons with developmental disabilities. The holiday boxes also provide employment for persons with DD at Triad, Sunshine, Josina Lott and Anne Grady who assemble the gift boxes and produce the holiday decorations.

Gift boxes come in small and large sizes and you can order yours online, by phone or by mail – visit: MaumeeValleyCivitan.org for more information.

The prime focus for Maumee Valley Civitan is to develop projects that enhance the lives of people in the greater Toledo area who have developmental disabilities.

Toledo Christian, University of Toledo, Mercy College of Ohio, Bowling Green State University
Volunteers Make a Difference!

Josina Lott at River Crossings was excited to host students from Toledo Christian for an October day of service as part of Toledo Christian's TC Cares Community Outreach Program.

TC Cares aspires to teach students to love and serve others through active service in their communities and abroad. Twenty seniors, juniors, sophomores, and freshman from the 'House of Timothy' at Toledo Christian joined individuals enrolled in day habilitation with Josina Lott. River Crossings was a beehive of activity as the students were divided



Students from Toledo Christian pictured at Josina Lott at River Crossings for October day of service

into three groups and spent the day playing Uno and other card games, the Wii (Gary and Bradley had a blast bowling), creating Halloween arts and crafts, and so much more!

A special **Thank You** to TC Cares Advisor Andrea Kanfeld for coordinating this wonderful day with us, to the adult chaperones, and students: Taylor, Callie, Sydney, Annie, Madison, Bebe, Pamela, Ben, Saylor, Jesse, Kaylie, Ian, Logan, Christie, Gage, Thomas, Lance, Joanne, and Matt!

Philanthropy Project with Mercy College of Ohio

Josina Lott is honored to have been selected to participate in Mercy College of Ohio's Philanthropy Project again this year! The Philanthropy Project is a community service learning project facilitated by Mercy College and seniors enrolled in the Community Health Nursing 430 program. The purpose of this initiative is to develop a new generation of philanthropists through a course-based service learning environment that engages college students in hands-on philanthropy, grant-making, and volunteer service. This project focuses on non profits whose mission it is to serve the poor and under-served of our community.

Students in the class are divided into small groups of four - five students each who are dispatched to several local non profits to perform 25 volunteer service hours in the fall semester.

Following their 25 hours of community service work, students will take their experiences back to the classroom where they will organize and administer a Request for Proposal



Thank you Maddie (front) - and to ALL Toledo ZOOTeens - for your years of service and support!



Sharing their talents with us this fall were UT Recreation Therapy students Rani and Morgan

(RFP) process, evaluate submitted proposals of their peers, and use a collective decision making process to select four nonprofit organizations for a monetary grant.

Josina Lott was among the non profits awarded a \$1,000 grant last year.

This is a wonderful experience for our organization, our residents and the students participating in the project. We would like to thank Mercy College of Ohio students Alisha, Aric, Jordan and Kevin for sharing their time and positive energy with us!

ZOOTeen Maddie Kramer Honored at National Philanthropy Day Luncheon

The National Philanthropy Day Luncheon is an annual celebration for the Toledo area nonprofit community and recognizes the profound impact that philanthropy has on the fabric of society. Each year the Association of Fund Raising Professionals (AFP) honors individuals and groups who, through their hard work and dedication, have enhanced philanthropy, their communities and the world.

Haunted Pathway and Halloween Party



It's also a day to recognize and celebrate our volunteers for their selfless service to non profit organizations in the community.

Josina Lott was proud to nominate Toledo ZOOTeen Maddie Kramer for a Volunteer Recognition Award for her dedication and support of the Josina Lott mission of enriching the lives of individuals with developmental disabilities. Maddie received a Certificate of Recognition for the honor that will fit nicely into her college portfolio!

Over 100 Individuals Attend Josina Lott Annual Halloween Party!

Residents of Josina Lott were joined by individuals from all over the greater Toledo area on 'All Hallows Eve' to celebrate a fall tradition at Josina Lott – the 'spooktacular' Haunted Pathway and Halloween party!

You know you throw a good party when nearly double the anticipated number of guests arrive! Eighty reservations were secured in the run up to the Halloween Party; Chef Aaron and Sara were prepared to serve dinner for 120 individuals... just in case. Imagine our amazement when over 100 hungry ghosts and goblins arrived. Our food supply was pushed to the limit due to the fantastic turnout!

We have posted over 30 pictures from the annual Halloween party on our Facebook page.

A special THANK YOU to our volunteers from Mercy College, the University of Toledo, our Toledo Zoo-



'Gypsy Terri' and 'Cowboy Bruce' all smiles as they danced the night away!



The Toledo iDancers performed along the 'Haunted Pathway' - their choreography to Michael Jackson's Thriller was amazing!

TEENS (and more!) for making the night so special for the individuals. And to the staff of Josina Lott and the Direct Care staff who joined us from the community – thank you for all that you do!

Renewed Partnership in 2016 for Josina Lott, Glass City Marathon

Attention all road-runners, walkers, and health enthusiasts. For the second year in a row, Josina Lott has been designated an Official Charity Partner for the 2016 Glass City Marathon!

Whether you run, walk, or roll in any Glass City Marathon event - there are many ways you can show your support for your favorite charity. You can donate your early bird savings when you register by December 31, form your own Josina Lott running team and recruit sponsorships from the business community, or simply make a donation to Josina Lott from the event website at glasscitymarathon.org.

The date for this years race is Sunday April 24th, 2016 and is the 40th Anniversary of this Boston Marathon qualifier.

Since 2009, over \$300,000 has been raised for area non-profit organizations through the Glass City Marathon. We are honored to have been selected as a charity partner for this 'crown-jewel' Toledo community event.

The State of Ohio's system of care for individuals with developmental disabilities is facing transformational change as a result of new federal Medicaid rules and changes imposed by the governor's state budget. Josina Lott Executive Director Michael Malone hosted a 'Town Hall' style family meeting/brunch on Sunday November 8th to address the federal and state mandates and explore how these might affect individuals receiving our services. Here are some highlights from Michael's meeting with family members.



Executive Director Michael Malone explored how CMS regulations will affect individuals served by Josina Lott

- Per mandates approved in the last State of Ohio budget cycle, Josina Lott Residential and Community Services is considered a large intermediate care facility (ICF), and therefore, subject to new 'downsizing' rules. Any facility containing 16 or more beds is considered a "large- bed, institutional setting" which many believe promotes segregation, impedes the rights of those with developmental disabilities and therefore, may violate federal law (see Homestead Act).
 - Josina Lott has until 2018 to downsize by 10% of our population and demonstrate to the state that we are moving to a community-based services model of care and independent living for our residents. Federal and state regulating bodies believe eliminating ICFs will decrease isolation and increase integration for individuals with developmental disabilities. An Ad Hoc Committee of the JLR&CS Board has been addressing this issue and is currently suggesting we design a new residence in the community that would serve six individuals and include a respite bed.
 - Medicaid Waiver programs include services such as non-medical transportation, employment and day services, nutrition assistance, respite for caregivers, certain therapies, accessibility modifications, and personal care assistance. These services allow individuals to live in the community. Ohio currently has four DD waiver programs that serve people with different types and levels of need, including the Individual Options (IO) Waiver, the SELF (Self Empowered Life Funding) Waiver, Transitions (TDD) Waiver, and the Level One Waiver.
 - If an ICF like Josina Lott fails to comply with the federal and state mandates to downsize, they could risk a reduction in funding, beginning July 1, 2018.
 - According to the Ohio Department for Developmental Disabilities, no individual can be moved without his or her expressed consent. So in theory, if an individual is happy in their present residential setting, they cannot be forcibly removed.
 - A parent of a Josina Lott resident asked why the federal and state governing bodies seemed fixated on closing ICFs, Mr. Malone suggested that the decision was a financial one. The state feels they can provide care for individuals with developmental disabilities cheaper in smaller, community-based settings.
- Obviously, we are talking about mandated changes for which evidence of demonstrated compliance must be in place by the year 2018. As you know, a lot can happen between now and 2018.
- We will continue to plan and implement procedures designed to help us meet the challenges of a changing landscape while remaining firm in our commitment to serving individuals with developmental disabilities.



120 S. Holland-Sylvania Rd.
 Toledo, OH 43615
 419-866-9013
www.josinalott.org

ADDRESS SERVICE REQUESTED

NON PROFIT ORG

Michael M. Malone
 Executive Director

Patricia L. Schlosser
 Associate Director

BOARD OF DIRECTORS: Residential & Community Services

John Lechman
 President

William Barkan
 Carolyn Cousins
 Robin Duffin

Marge Bollman
 Vice President

Lynne M. Gochenour
 Anneke Godlewski
 Terry Gomoll

Jonathan Ashton
 Treasurer

Teressa Hopkins
 Andrew Johnston
 Mary Kern

Cathy Marinelli
 Secretary

Gail M. Purdie
 Lynn Ritter

Zachary Norman
 Past President

Jack Rogers
 Sister Barbara Vano
 Pattie Webster

BOARD OF DIRECTORS: Josina Lott Foundation

Terry Thomas, President
 Gary Pfundt, Vice President
 James L. Rosino, Treasurer
 Lynn Ritter, Secretary

Diann Stretten
 John Lechman

Employment Opportunities



Josina Lott Residential & Community Services is currently seeking qualified applicants to fill open positions.

We invite you to review available positions and apply online by visiting our website at www.josinalott.org. From the homepage, hover over the 'Employment Opportunities' tab on the far right and then click, 'Open Positions' to learn more.